

Doctor Colin's cash tonic for cancer charity

A CANCER survivor is to embark on a year-long fundraising quest to raise money for charity.

Dr Colin Clerkin, a clinical psychologist from Chester, will complete as many physical challenges within 365 days in aid of Cancer Research UK.

He will dedicate his efforts to his late sister, Brenda Carr, who sadly lost her five-year battle against breast cancer this summer.

He said: "Brenda was a remarkable person and a fantastic sister. No matter how tough things got, she remained strong and positive throughout, and was a real inspiration to everyone that knew her."

"Losing her when we did has been incredibly tough for the whole family and has been a real motivation for me to want to do something in her memory."

"Having my own experience with cancer has spurred me on even more and I wanted to set myself a really tough physical challenge to raise money for a very important cause."

Colin, who owns his own practice in Saltney, was diagnosed with a rare type of cancer - a soft tissue sarcoma - after he noticed a lump on his arm in September last year.

Following an operation and radiotherapy, 47-year-old Colin is well on the road to recovery and receives checks every four months.

But following the death of his sister,

Fundraiser will recreate tough challenges in the gym

By Ben Coulbeck

Colin is embarking on a unique physical challenge, using gym equipment to complete virtual achievements.

Using just the facilities at the Chester branch of Total Fitness, Colin will climb Britain's highest three peaks; row the length of the River Thames and cycle from John O'Groats and Lands End.

Colin said: "Due to the nature of my work, I'm unable to go and literally undertake these challenges. So instead, I decided to do the equivalent using equipment at my local gym."

"Although it is going to be physically tough, I am really looking forward to pushing myself to the limit and hope to raise as much money as possible for Cancer Research UK as a result."

■ To read more about Colin's 365challenge, go to www.365challenge.co.uk.

■ To sponsor Colin, www.justgiving.com/365challenge.



SPURRED ON: Dr Colin Clerkin.